

Let's Practice!

CUS-

I am Concerned ...

I am Uncomfortable ...

This is a Safety Issue!

Simulation lab:

A student is practicing in the simulation lab and has broken sterile field multiple times. You tell him that he has broken sterile field, but he just shrugs and continues with the Foley insertion. Using CUS- How would you respond? (*This scenario can be used when educating students about using CUS- simply alter to read "A fellow student..."*)

Practice Setting:

You are a graduate nurse on orientation at a local hospital. Your preceptor has told you that you are doing great and have been taking the whole patient load for several weeks. Today you receive an order to discontinue a central line. Having never performed this procedure, you ask your preceptor for help. She responds, "You've got this, just clip the sutures and pull the line!". Use CUS- How do you respond?

DESC-

D—Describe the specific situation or behavior; provide concrete data.

E—Express how the situation makes you feel/what your concerns are.

S—Suggest other alternatives and seek agreement.

C—Consequences should be stated in terms of impact on established team goals; strive for consensus.

Simulation Lab:

During a simulation experience about end of life, a student begins snickering and displaying emotions that are not appropriate to the gravity of the scenario. The behavior is distracting to the other students. Using DESC - how would you respond?

Practice Setting:

During de-briefing of a simulation a co-faculty member is highly critical of the student's performance and their responses during the de-briefing session. Using DESC - how would you respond to the co-faculty member?